



Verband für Turnen und Freizeit – Heidenkampsweg 58 – D-20097 Hamburg

## Invitation to all gymnastics friends

**Verband für Turnen und Freizeit  
- Landesorganisation Hamburg -**

**New adress from** 01.01.2012  
Heidenkampsweg 58 - D-20097 Hamburg

**Petra Schulz**

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Hamburg, December 19<sup>th</sup> 2011

Dear gymnastic friends and fans,

The gymnastics federation of the City of Hamburg (Verband für Turnen und Freizeit – VTF) is proud to invite you to



For more details on the competition please refer to the documents attached.

We are looking forward to your registration and hope to welcome you in Hamburg soon!

If there are any questions or information you need, please don't hesitate to contact us!

Best regards,

Petra Schulz  
Vice President of Hamburg Gymnastics Federation (VTF)

<b>Presenter</b>	<b>The gymnastics federation of the City of Hamburg Verband für Turnen und Freizeit in Hamburg e.V. (VTF Hamburg)</b>
<b>Organisation/ Contact</b>	<b>Petra Schulz</b> Tel.: +49 172 4 00 86 92 Fax. : +49 40 349 260 89 E-Mail: <a href="mailto:hamburg-gymnastics@hamburg.de">hamburg-gymnastics@hamburg.de</a>
<b>Date</b>	<b>November 15<sup>th</sup> - 18<sup>th</sup> 2012</b>
<b>Schedule</b>	<p><b>Planned schedule:</b>  <b>Thursday, November 15<sup>th</sup></b>          6 - 10 p.m. open training (Training Center Angerstraße)</p> <p><b>Friday, November 16<sup>th</sup></b>          09:00 – 13:30 Uhr - open training Sports Arena Wandsbek</p> <p>3 p.m. – 5 p.m. – qualification - group 1          5 p.m. – 7 p.m. – qualification - group 2          7 p.m. – 9 p.m. – qualification - group 3</p> <p><b>Saturday, October 29<sup>th</sup></b>          8 a.m. - 10 a.m. - open training Sports Arena Wandsbek</p> <p>11 a.m. - 1 p.m. - Lucky Loser Round          1 p.m. – 2:30 p.m. - Hamburg Gymnastics-Showtime          3 p.m. – 4:30 p.m. - Main Draw          4:30 p.m. - 5:30 p.m. - Hamburg Gymnastics-Showtime          6 p.m. - 8 p.m. - TOP-FIVE-Final</p> <p>8.00 p.m. - After Competition Party</p> <p>Exact schedule will be provided after compulsory registration date.</p>
<b>Competition Hall</b>	<b>Sporthalle Wandsbek</b> Rüterstraße75 / Schädlerstraße 10 D-22041 Hamburg Tel.: +49 40 428 81 25 84 (caretaker)
<b>Apparatus</b>	<b>Bänfer GmbH</b> - <a href="http://www.baenfer.de">www.baenfer.de</a>
<b>Registration</b>	<p><b>April 30<sup>th</sup> 2012</b> (non-binding reservation)  <b>June 30<sup>th</sup> 2012</b> (non-binding confirmation of reservation)  <b>October 15<sup>th</sup> 2012</b> (compulsary confirmation)</p> <p><b>Attention:</b>          Concerning the capacities we do allow a <u>maximum of 18 teams</u> at all. The final admission will be taken by the order of registration and booked payment of admittance fee until October 15<sup>th</sup> 2012.</p>
<b>Registration to</b>	<b>Email or fax registrations by using the attached registration document to Mrs. Petra Schulz.</b>

<b>Team Photo and gymnasts' information</b>	<p>We want to present all participating teams on our homepage and tournament brochure. Please help and provide us with a photo of your team (.jpg) and detailed gymnasts' information (see attached sheet). Those data should be sent by email until <b>October 15<sup>th</sup> 2012 to the following address:</b> <a href="mailto:hamburg-gymnastics@hamburg.de">hamburg-gymnastics@hamburg.de</a> .</p>
<b>Meldegeld</b>	<p>A fee of <b>€ 250 per team</b></p> <p><b>(including admittance fee, ticket to the After Competition Party on November 17<sup>th</sup> 2012 incl. pasta-buffet and vouchers for one drink/person, DJ &amp; Band. Maximum of delegation members: 8. Additional entrance tickets (€ 12/person) can be ordered with the registration.)</b></p> <p>is to be paid in advance until October 15<sup>th</sup> 2012 by money transfer.</p> <p>Verband fuer Turnen und Freizeit Hamburg e.V. (Heidenkampsweg 58, D-20097 Hamburg)</p> <p>Hamburger Sparkasse (HASPA) (Filiale 211 (Eimsbuettel), Weidenallee 69, D-20357 Hamburg) Nr. 1211/127 707 BLZ 200 505 50 <b>Please do enter as reference: Hamburg Gymnastics12+ Club/ Nation</b></p> <p>BIC/SWIFT-Code: HASPDEHHXXX IBAN DE36 2005 0550 1211 1277 07 DE36200505501211127707 <b>Please do enter as reference: Hamburg Gymnastics12+ Club/ Nation</b></p>
<b>Route Description/ Map</b>  <b>Airports</b>	<p>will be sent with the final schedule</p> <p><b>Hamburg (Fuhlsbuettel)</b> connected with nearly every european capital city – directly from New York, Dubai) – by underground train or bus to Hamburg-Wandsbek or Hamburg Central Station appr. 30 Min.</p> <p><b>Hamburg-Lubeck</b> (from Dublin; Barcelona-Girona; Kiew, London-Stansted; Milano-Bergamo; Pisa-Florence; Stockholm-Skavsta) – by shuttle-bus or train to Hamburg Central Station appr. 1 hour 30 Min.</p>
<b>Judges</b>	<p>Each team is supposed to send <b>one licensed judge (international licence)</b> on own costs. Supplementary judges are more than welcome. In case of international brevet please give information about category. If you are not able to provide a judge yourself, the organising committee may provide a substitute for a fee of <b>100 EUR</b>.</p> <p><b>Please note that all judges have to be available during the entire competition.</b></p>

## Competition details and rules

<b>Participation rules</b>	<p><b>Clubs and teams will be allowed:</b></p> <ul style="list-style-type: none"> <li>• Each club or nation is allowed to send only one team.</li> <li>• Team with max. of <b>6 gymnasts</b> of age 12 and older (born 2000).</li> <li>• Exceptions will be decided by the organizer.</li> </ul>
<b>Groups and rounds</b>	<p><b>The Hamburg Gymnastics12 will be composed of different competition-rounds: qualification, main draw, Lucky-Loser-round and the TOP-FIVE-Final:</b></p> <ul style="list-style-type: none"> <li>• After compulsory registration the 18 teams are divided in three groups for qualification round.</li> </ul> <p>Places 1 – 3 of the qualification are directly qualified for the TOP-FIVE-Final. Places 4 – 8 are qualified for the main draw. Places 9 – 18 are qualified for the Lucky-Loser-round.</p> <ul style="list-style-type: none"> <li>•</li> </ul>
<b>Qualification (Team Score)</b>	<p><b>Mode</b> Code de Pointage 2009/ 2010 - Competition I / IV acc. FIG Dismount (bars, beam, floor): C = 0,5; B = 0,3 Vaulting table – height 1.25 m - 2 vaults (same or different) acc. Code de Pointage - highest score.</p> <ul style="list-style-type: none"> <li>• Each gymnast will do solo performances – all-around is allowed.</li> <li>• On each apparatus each team can only set max. <b>3 gymnasts</b>.</li> <li>• The gymnast has to be presented at the apparatus by showing her starting-number.</li> <li>• The <b>two highest scores per apparatus</b> will count for the team score.</li> </ul>
<b>Qualification (Individual Score)</b>	<p>As part of the team qualification round of the HamburgGymnastics12 the International Hamburg Gymnastics –Star-Cup is offered:</p> <ol style="list-style-type: none"> <li><b>1. Hamburg Gymnastics Young-Stars</b> Age 12 (born 2000)</li> <li><b>2. Hamburg Gymnastics Junior-Stars</b> Age 13 – 15 (born 1999 – 1997)</li> <li><b>3. Hamburg Gymnastics Senior-Stars</b> From Age 16 (born 1996 and older).</li> </ol>

<p><b>Lucky-Loser-Round and Main draw</b></p>	<p><b>Mode</b> Code de Pointage 2009/ 2010 - Competition I / IV acc. FIG Dismount (bars,beam,floor): C = 0,5; B = 0,3 Vaulting table – height 1,25 m - 1 vault acc. Code de Pointage.</p> <ul style="list-style-type: none"> <li>• Each gymnast will do solo performances.</li> <li>• On each apparatus each team can only set max. <b>2 gymnasts.</b></li> <li>• <b>One gymnast can start max. on 2 different apparatus.</b></li> <li>• The gymnast has to be presented at the apparatus by showing her starting-number.</li> <li>• <b>Both scores per apparatus</b> will count for the team score.</li> </ul>
<p><b>TOP-FIVE-Final</b></p>	<p>The following teams will be qualified for the <b>TOP-FIVE-Final</b> held on November 17<sup>th</sup> 2011:</p> <ul style="list-style-type: none"> <li>• Places 1-3 from the qualification round</li> <li>• Winner of the Lucky-Loser-round</li> <li>• Winner of the main draw.</li> </ul> <p><b>Mode</b> Code de Pointage 2009/ 2010 - Competition I / IV acc. FIG Dismount (bars,beam,floor): C = 0,5; B = 0,3 Vaulting table – height 1,25 m - <b>1 vault acc. CdP.</b></p> <ul style="list-style-type: none"> <li>• Each gymnast will do solo performances.</li> <li>• On each apparatus each team can only set max. <b>2 gymnasts.</b></li> <li>• <b>One gymnast can start max. on 2 different apparatus.</b></li> <li>• The gymnast has to be presented at the apparatus by showing her starting-number.</li> <li>• <b>Both scores per apparatus</b> will count for the team score.</li> </ul>
<p><b>Awards, Trophies, Certificates</b></p>	<p>The team winner of the TOP-FIVE-Final is awarded the Hamburg Gymnastics12 Team Trophy. All teams get certificates. All participants of the TOP-FIVE-Final receive special presents.</p> <p>Additionally, the three best gymnastis in the individual ranking of the Hamburg-Gymnastics-Star-Cup in the individual categories will receive special awards.</p>
<p><b>Mats</b></p>	<p>For all apparatus additional landing mats (10 cm) have to be used. On other elements additional landing mats (5 – 10 cm) are recommended. Additional mats are not allowed to be moved.</p>
<p><b>Music (floor exercise)</b></p>	<p><b>Each gymnast</b> ought to provide <b>one CD</b> with her chosen track as # 1. Each CD ought to be labeled with the gymnast's and club's name.</p> <p><b>The organiser will <u>not accept tapes</u> for floor music.</b></p>
<p><b>Publication of of personal data, photographs and film recordings</b></p>	<p><b>For Hamburg Gymnasticsonly accredited media representatives and photographers have access inside the venue and are allowed to get in contact with the teams for interviews, photos and film recordings.</b></p> <p>By registration for the Hamburg Gymnastics12, the gymnasts and the parent or legal guardian agree to the participation in the Hamburg Gymnastics12, the publication of personal data (name, first name, organization or nation, Year) of results, or photos (as well as in action) and filming for editorial purposes in the direct context. Unless the gymnasts or the parent or legal guardian object to publication and disclosure in writing to the registration deadline to the organizer.</p>

## **Accommodation/ Hotels and Hostels** **Reservation and Booking in own responsibility**

### **ETAP Hotel Hamburg Wandsbek**

Wandsbeker Zollstraße 25-29; D-22041 Hamburg

(Mr. and Mrs. Hofmann)

Tel: + 49 40 20 94 75 20

Fax: + 49 40 20 94 75 25

Email: H5194@accor.com

www.etaphotel.com

**Doublerooms ensuite or 4-bedrooms**

**person/ night incl. breakfast in single room: ca. 59 EUR**

**person/ night incl. breakfast in doublerooms: 37,50 EUR**

**person/ night incl. breakfast in 4-bedroom: 25 EUR**

**(just across the street from Sports Arena Wandsbek).**

### **Hotel Ibis Hamburg Wandsbek**

Pappelallee 61, D-22041 Hamburg

Tel : +49 40 65 80 20

Fax :+49 40 65 26 60 3

www.ibishotel.com

**Doubleroom incl. breakfast from 70 EUR**

**Singleroom incl. breakfast 60 EUR**

**(5 min. by car or bus to Sports Arena Wandsbek).**

### **Hotel Tiefenthal**

Wandsbeker Straße 109; D-22041 Hamburg

Tel: +49 40 670 49 670

Fax: +49 40 670 49 660

Email: mail@tiefenthal-hotel.de

www.tiefenthal-hotel.de

**Doubleroom incl. breakfast from 129 EUR**

**Singleroom incl. breakfast from 100 EUR**

**(situated directly at the Wandsbek Quarree – 5 min. walk to Sports Arena Wandsbek).**

### **Holiday Inn Express City Centre**

Lübecker Straße 109; D-22087 Hamburg

Tel.: +49 40 734 451-0

Fax: +49 40 734 451 100

E-Mail: hamburg@fmhos.com

**Doubleroom incl. breakfast from 109 EUR**

**(7 min. by car or bus to Sports Arena Wandsbek).**

### **Novohotel Hamburg Alster**

Lübecker Straße 3; D-22087 Hamburg

Tel.: +49 40 391 900

Fax: +49 40 39190190

E-Mail: h3737@accor.com

**Doubleroom incl. breakfast from 120 EUR**

**(7 min. by car or bus to Sports Arena Wandsbek).**



Turnkunst International | 16./17. November

## Registration

<b>Club/ Team:</b>	
<b>Head of Delegation:</b>	
<b>Reference/ Contact:</b>	
<b>Adress:</b>	
<b>Telephone/ Mobile:</b>	
<b>Fax.:</b>	
<b>Email:</b>	

<b>Name of Team/ Club</b>	
<b>Gymnast (Name, Age)</b>	
<b>Gymnast (Name, Age)</b>	
<b>Gymnast (Name, Age)</b>	
<b>Gymnast (Name, Age)</b>	
<b>Gymnast (Name, Age)</b>	
<b>Gymnast (Name, Age)</b>	
<b>Coach</b>	
<b>Coach</b>	
<b>Coach</b>	
<b>Judge/ licence</b>	
<b>Judge/ licence</b>	

Signature \_\_\_\_\_



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## Turnerinnen-Information Gymnasts Information

<b>Name/ name</b>	
<b>Verein/ club</b>	
<b>Land/ nation</b>	
<b>Trainer/ coach</b>	
<b>Geburtsdatum/ Date of birth</b>	
<b>Geburtsort/ Place of birth</b>	
<b>Beruf / Schule profession / school</b>	
<b>Wohnort/ place of residence</b>	
<b>Familie/ family</b>	
<b>Beruf / Schule: Profession / School /</b>	
<b>Sprachen/ languages</b>	
<b>Hobbies / hobbies</b>	
<b>Lieblingsturnerin/ favourite gymnast</b>	
<b>Lieblingsgerät/ favourite apparatus</b>	
<b>Aktiv seit/ aktive in gymnastics since</b>	



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<b>Name/ name</b>	
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**Weitere Informationen / Further information:**

(Was gefällt Dir am Turnen besonders? Was sind Deine Ziele? Was möchtest Du werden? Was sollten wir über Dich wissen? Wie würdest Du Dich selbst beschreiben? usw.)

(What do you like best in Artistic Gymnastics? What are your goals? What do you want to become in life? What should we know about you? How would you describe yourself? Etc.)

**Sportliche Erfolge (Titel, Pokalgewinne, besondere Wettkämpfe)  
Achievements (titles, cups or medals, special competitions)**